



MENTAL & EMOTIONAL WELLBEING MEETING NOTES

Thursday, January 19, 2017 • 9:30 am • Public Health, First 5 Conference Room

Attendees: Breanna DeMatto-KCAO, Chris Douglas-Family Builders, Julie LeFils-KPFP, Melissa Wescoat-KPFP

I. Welcome/Introductions

- II. Review of Goal:** KPFP in collaboration with its community partners will train, assist and provide school counselors and teachers with the necessary tools to identify, understand and support their students at school with mental health and emotional issues.

III. Sessions Review

- a. Debrief Session 5: Conflict resolution, working through conflict can be productive: Kerri Freeman, Kings View / Breanna DeMatto, KCAO / Julie LeFils, KPFP. All thought session 5 went very well, offering the teachers tools to use daily. Julie will contact Scott Chennault to request feedback from the teachers.

IV. Planning for Spring

- a. Corcoran Unified would like to do one session on Behavioral Modification for their K – 8th grade teachers & support staff. They would like to incorporate this session with their regular training day on February 22, 2017 giving us the 2-4 pm time slot. Chris and Breanna were agreeable that it can be done by trimming down their power point. Melissa will put packets together that consist of local resource agencies brochures/information. She will also create google docs for the workgroup to add their resource information to.
- b. Lemoore Union High School District is interested in having this team present to their teachers. Julie will follow up with them to find out what presentation(s) they would like and let us know.

- V. Spring Meeting Dates:** This team will meet the same day & time but switch to bi-monthly. The next meeting will be held on Thursday, March 16, 2017 at 9:30 am.