



KINGS COUNTY NUTRITION ACTION PLAN MEETING NOTES

Tuesday, December 13, 2016 • 1:30 pm – 2:30 pm • Public Health, Winkler Room

- Welcome & Introductions, Debra Wood
- Vision exercise to help get thoughts unified and share with the group in January to see what can be worked on.
- Focus question:
 - What do we want to see in place in 3 years as a result of our local actions?
 - Goals of the group:
 - I. Successful Education Nutrition**
 - a) Healthy cooking classes (multi-cultural)
 - b) Parents who understand childhood nutrition
 - c) More opportunities for childhood nutrition in school
 - d) People have learned how to eat healthy; healthier eating habits.
 - II. Healthy Food Access**
 - a) Farmers market in each community
 - b) More opportunities for food insecure individuals
 - c) Better transportation to get food
 - d) Healthy retail stores
 - e) Healthier food on kids menus
 - III. Community Engagement**
 - a) Efforts based on community wants
 - b) Barriers to healthy eating have been identified
 - c) Ongoing dialogue with the community
 - IV. Improved Health Measurements**
 - a) Reduced county obesity rate
 - b) Reduced county diabetes rate
 - V. Active living**
 - a) More sidewalks and bike lanes
 - b) Have some trails to encourage running
 - VI. Funding**
 - a) Funding

- Michelle reported
 - Spoke to Fedieson and gave him the January meeting date
 - Put together calendar will bring back to the table
- Phoebe reported
 - Effort with all state local schools in wellness collaborative
- Training February 28th – Fresno
- Darcy reported
 - Thanked those who submitted feedback (which was the overwhelming majority)
 - Let everyone know about the community needs assessment question 3.
 - Asked opinion on what to go with in regards to a small change in the wording of question 3.
 - Submitted it back to KPFP
 - Also informed the group of who is helping KPFP with the survey format
- Rebecca's Intern reported
 - Rebecca went through the resource list that Sue gave her and took out the ones that cost money. Left only free resources that programs can use so that there is a consistency. Will get back to this in January.
- ■ Debra –SNAP
 - Working with head starts in Kings County – all are following policy
 - Gave out 400 boxes of holiday food through the food bank
- Sue reported
 - Working on wellness policies with Lemoore, they are making significant changes
 - Smarter Lunch Movement (SML) in January
- The next meeting will be held on Tuesday, January 10, 2017 at 1:30pm at the Public Health Department.