## NOTES



## **Healthy Eating Active Living**

Wednesday, April 10, 2024 from 1:00pm-2:00pm *Via Zoom* 

(<a href="https://uso2web.zoom.us/meeting/register/tZEsduusqD8sHN3SJ7UJoyEPTUe81ddCmgEe#/registration">https://uso2web.zoom.us/meeting/register/tZEsduusqD8sHN3SJ7UJoyEPTUe81ddCmgEe#/registration</a>)

## We will begin at 1:05pm 🙂

- ★ Introductions & Ice Breaker
  - What do you have planned for this weekend?

Attendee: Aliyah Ortiz, Juan Martinez, Jane Gonzelez, Jammie Lam, Gabriela Rodriguez, Gisselle Coyt

- ★ 2023-2024 Goals & Activites
  - National Walking Day
    - Debrief
  - o Children's Storybook Garden Museum
    - Summer Hours 9am-12pm
      - 10am-11:30am
    - <u>Flyer</u>
      - For the future include a Spanish session
    - Activities for June
      - 1st Friday of each month Yoga, Meditation, Sound Healing
      - 3rd Friday of each month Self-Defense Bullying Proof
  - o Healthy Eating Active Living Webinar (In progress)
    - Stress & Eating Habits

- May-June 2024
  - o In process
  - Flyer to promote the webinar
- ★ Extreme Heat & Community Resilience Program by ICARP extreme heat events in California are causing significant health, climate resilience, and social equity challenges. Vulnerable populations, such as the elderly, children, and those with pre–existing health conditions, face heightened risks of heat–related illnesses. The program will support local, regional, and tribal initiatives aimed at mitigating the impacts of extreme heat. Kings Partnership is actively seeking community partner organizations interested in collaborating with this initiative. As a prominent community outreach organization, the Kings Partnership aims to lay the groundwork for community education, awareness, and outreach regarding extreme heat and climate resilience. If your organization is interested in participating in any capacity, please reach out to Karina at <a href="mailto:karina@kpfp.org">karina@kpfp.org</a> or Gaby at <a href="mailto:gabriela@kpfp.org">gabriela@kpfp.org</a>.
  Opportunities for collaboration also extend to potential co–applicants within the grant framework
- ★ Please take the next 1-2 minutes to fill out our Extreme Heat & Resilience
  Program Survey
- ★ Save the Date! Kings Partnership Annual Meeting
  - Thursday, June 20, 2024 from 12:00pm-2:00pm
  - Koinonia Church in Hanford
    - 1-2 members
- **★** Roundtable

- Nutrition Classes at the Home Garden on every Tuesday in May
   2024 from 4:30pm-5:30pm
- Kings County Health Equity Advisory Panel is happening today at Hola Cafecito at 5:00pm.
- Mobile Dairy Classroom for students to learn more about where milk comes from offered in both virtual (available in ASL and Spanish).
- o 2024 Food & Nutrition Trends Webinar on May 2, 2024
- o <u>Let's Eating Healthy Toolkit</u> is now available

Next Meeting: Wednesday, May 8, 2024 at 1:00pm via Zoom