

KPPF Active Living Sub-Committee & KCDPH – Wellness Committee

December 8th, 2017 – Reviewed the organizational readiness assessment and found it to be overly difficult and not relevant to the goals and mission of this project. Only people in attendance were managers and senior leads. Need to make an effort to incorporate all perspectives. Newsletter, safety day, managers meeting for invites

January 12th, 2017 – Still no response from staff current group,

Rebecca Russel from Adventist, Keith Winkler, Lee Johnson, Scott Waite, Daisy Chavez

Reviewed Welcoa's 7 benchmarks

- (1) Capturing Senior Level Support – Done
- (2) Creating a Cohesive Wellness Team (in progress)
- (3) Collecting Data to Drive Results-Oriented Wellness Initiative
- (4) Crafting an Annual Operating Plan
- (5) Choosing Appropriate Health Promotion Interventions
- (6) Creating a Supportive, Health Promoting Environment
- (7) Carefully Evaluating Outcomes

Follow-up Activities

1. Invite Key Members
 - a. Becky
 - b. A participating member from the Cardio Challenge
 - c. Someone from Building 5
 - d. WIC volunteer – identified by Michelle when things “slow down”
 - e. Pat or Zorena from foster care Nursing
2. Develop team name, vision, and motto
 - a. To be done at the February 9th meeting
 - b. Ideas for the name (Huddle, Team, Workout) try to avoid (committee, sub-committee, work group) focus on fun and new

3. Talk to Jackie & Becky about getting a sort segment to write a column for the next issue of the heartbeat –
4. Identify what employees want regrading activities and objectives.
 - a. Build a draft of a 10 to 20 question survey for approval at the February 9th meeting
5. Examine data sources for Step 3 – what can we get?
 - a. Health Data from Whole County versus Health Department? From Sandy Huddleston?
 - b. Attendance Report from Fiscal staff?
6. Distribute survey via Survey Monkey to all Health staff.
 - a. Give staff options regarding activities 10 to 20
 - b. Offer a drawing for staff who complete the survey