

NOTES

Kings County Mental Health Taskforce

Thursday, February 22, 2024 from 9:00am-10:30am

Zoom

<https://uso2web.zoom.us/meeting/register/tZUtf-yrqTIqEtTNVPbGtHwhJeGOSclRPEPm#/registration>



We will start at 9:05 am 😊

★ Introductions & Ice Breaker

- You can have an unlimited supply of one thing for the rest of your life. What do you choose?

Attendance: (**In-person**) Codi Pennington, Gabriela Rodriguez, Desarine Lowe, Aliyah Ortiz, Antonio Lopez (**Online**) Alyssa Blue, Alice Patterson, Ryan Brunton, Ken Baird, Seng Leang, Claire Fitiausi, Jessika Scheneider, Noah Whitaker, Ceth Moore, Samantha Alaniz

★ Conversation

- What is your job doing to support your mental health?

★ 23-24 Goals & Activities

- Community Discussion on Mental Health & Anxiety Cards
 - Update
 - [Spanish](#)
 - Organization Logos
- Mental Health Matters Event - May
 - West Hills College Lemoore
 - Progress



- Screening (5 minutes and provide resources)
 - Informal and reserve a space for it or provide a space to sit (2-3 volunteers)
 - Seng Leang
 - Summer Kidz Spot Program in Avenal
 - Wellness Activities
 - Social Media Effect on Young Minds: Digital Safety
 - Target Audience: Starting elementary stage (8-10 ages)
 - Video games (e.g., Minecraft, Fortnite)
 - Blocking and lingo
 - Specific training with parents
 - Digital permission
 - Alice Patterson to collaborate with presentation
 - Holidays and Mental Health
- ★ Community Planning Process
 - KCBH, Christi Lupkes & EvalCorp, Ryan Brunton
- ★ Outreach, Des Lowe, KCBH Quality Assurance Specialist and Ethnic Services Coordinator
 - 988 outreach
 - Outreach calendar
 - March 2 - Youth Summit
 - March 20 - Blessing of the Community
 - Wellness Week - HJUHSD
 - Wellness Week
 - April 20 - GEAR Up
 - April 27 - Kids Day
 - May-October - Thursday Night Market
 - Mental Health Awareness and Services outreach
- ★ Services
 - DRAW, Seng Leang Tang, DRAW Clinician
 - Workshops



- LOSS, Polo Ortiz, KCBH Adult System of Care Clinical Program Manager
 - LOSS Survivors Group in Kings County
 - Volunteers (training and how to do a visit)
- ★ Training, Antonio Lopez, KCBH Prevention Coordinator
 - SafeTalk
 - N/A
 - ASIST
 - Done 2 with NAS Lemoore
 - 2 pending with Tachi
 - Mental Health First Aid
 - 1 Training with Tachi & KCAO
 - 1 upcoming
 - Push trainings to County employees
 - Christopher.narez@co.kings.ca.us
 - topazio.guzman@co.kings.ca.us
 - Kings HSA
- ★ State-required Suicide Prevention Strategic Plan, Noah Whitaker, KCBH Plan Consultant
 - Draft Plan
 - Plans adopted by June 2024
 - Will be delivered by Friday, Feb 23
- ★ Roundtable
 - Kings County Behavioral Health Family Support Group - 1st & 3rd Tuesday of each month at Kings County Behavioral Health (1222 W Lacey Blvd)
 - National Walking Day - Wednesday, April 3 at the Lemoore Parks & Rec from 6:00pm-7:00pm

Next Meeting: Thursday, March 28 at 9:00am-10:30am at Kings County Behavioral Health and via Zoom

